

This list is provided as a courtesy of Southern New England Ministry Network. It offers a diverse list of emotional and spiritual care resources.

### INTERESTED IN SUPPORTIVE DIRECTION?

Are you interested in receiving encouragement and supportive direction or have additional questions on finding resources? Please reach out to our Director of Minister Care: Christan Causey at [christan@snemn.com](mailto:christan@snemn.com)

**Disclaimer:** Please note the counselors you see listed below have come recommended by people in our Network community, however, SNEMN does not officially endorse any of the individuals/organizations listed. This is for the purpose of convenience, not professional referral.

## Professional Counseling Services

### Individual State Licensed Therapists/Counselors

Each person listed here is a state licensed counselor or therapist and may or may not have additional theological training. While we do not officially endorse any counselor, many of the listed services and counselors have come recommended. Please contact us for more personalized recommendations.

#### Kristen Kansiewicz, LMHC

Springfield, MO  
[churchtherapist@gmail.com](mailto:churchtherapist@gmail.com)  
[www.churchtherapy.com](http://www.churchtherapy.com)  
Offers well-being assessments, limited session plans, pastoral counseling/coaching, etc.

#### Emmanuel Martinez, LMHC

Dorchester, MA  
[www.mercycounselingservices.com](http://www.mercycounselingservices.com)  
857-264-1232 - [mercycounselingservices@gmail.com](mailto:mercycounselingservices@gmail.com)  
Specialties - Men, Anger, Christian Counseling  
Insurance and Fees visit: [psychologytoday.com/us/therapists/emmanuel-martinez-dorchester-ma/477311](http://psychologytoday.com/us/therapists/emmanuel-martinez-dorchester-ma/477311)

#### Dale Atlas, LMHC

Licensed Mental Health Counselor in MA  
Tewksbury, MA  
339-230-0521; [daleatlas@verizon.net](mailto:daleatlas@verizon.net)  
Specialties: Anxiety, Depression, Trauma, OCD, PTSD  
Insurance and Fees visit: [psychologytoday.com/us/therapists/dale-atlas-tewksbury-ma/267088](http://psychologytoday.com/us/therapists/dale-atlas-tewksbury-ma/267088)

#### Rondey Allen, MSW, LICSW

Executive Director, Licensed Clinician  
CrossPoint Clinical Services – Western MA  
[rallen@crosspointclinical.org](mailto:rallen@crosspointclinical.org)  
Specialties: grief, family systems, depression, anger management, pastoral support, trauma, etc  
Insurance, fees, and appointments, visit:  
[crosspointclinical.org/contact-us/appointments/](http://crosspointclinical.org/contact-us/appointments/)

#### Sajjan Sharma, MSW

CrossPoint Clinical Services – Western MA  
[ssharma@crosspointclinical.org](mailto:ssharma@crosspointclinical.org)  
Specialties: Depression, chronic illness/pain, sexual addiction, anxiety/panic, grief – Prepare/Enrich Facilitator  
Insurance, fees, and appointments, visit:  
[crosspointclinical.org/contact-us/appointments/](http://crosspointclinical.org/contact-us/appointments/)

#### Ben Wertheim, LPC, NCC

Enfield, CT  
860-239-0049; [benjamin.wertheim.lpc@gmail.com](mailto:benjamin.wertheim.lpc@gmail.com)  
Specialties: anxiety, family, parenting, grief, marriage, eating disorders, depression, etc.  
Insurance, fees, and appointments, visit:  
[christiancounselors.network/customers/public\\_profile?p=1267&c=pri](http://christiancounselors.network/customers/public_profile?p=1267&c=pri)

#### Colleen Smith, LMHC, NCC

[lightrestored.com/about-me/](http://lightrestored.com/about-me/)  
[colleen@lightrestored.com](mailto:colleen@lightrestored.com)  
Works with women, couples – trauma informed and EMDR trained, offers pre-marital counseling – Prepare and Enrich certified

#### Kristen Fehlauer, LMHC

Boston, MA  
<http://hopepsych.org/about/>; [kfehlauer@hopepsych.org](mailto:kfehlauer@hopepsych.org)

#### Jeffrey L. Brown, Psy.D., ABPP

Licensed Psychologist  
Assistant Clinical Professor, Department of Psychiatry  
Harvard Medical School  
691 Massachusetts Avenue Suite 3  
Arlington, MA 02476  
781-641-1633  
[www.DrJeffBrown.com](http://www.DrJeffBrown.com)

**Rev. Jared Whipple, LPC**

Windsor, CT 06095

860-378-2345

<https://www.psychologytoday.com/us/therapists/jared-whipple-windsor-ct/863150>

**Kate Deciccio, LPC**

Seasons Counseling LLC

860-513-2850

<http://www.charisnetworkct.org/kate-deciccio.html>

**New Hope Counseling Framingham, MA**

<http://www.newhopecounselingonline.com/>

**Erin Harings, LPC**

Eastern Connecticut

[www.erinharings.com/individual-counseling](http://www.erinharings.com/individual-counseling)

**Renew Counseling Group**

Connecticut

<https://renewcounselingct.com>

## Prepare and Enrich Facilitators

**Rev. Tony Palow**

Pastoral Counseling, Pre-marital counseling, Married for Life Ministry

Tony.palow@gmail.com; marriedforlifeministry.com

**Rev. Christan Causey**

Pre-marital Counseling

Couples Temperament Coaching – NCCA certified

christan@snemn.com

**Colleen Smith, LMHC, NCC**

<https://lightrestored.com/about-me/>

colleen@lightrestored.com

Offers pre-marital counseling – Prepare and Enrich certified

**Rev. Gina Fatato**

Pre-marital Counseling

gina@snemn.com

## Counseling Databases

**Focus on the Family**

This database offers a selection of licensed counselors that offer a faith-based treatment method. In addition, you can call for a consultation and speak with a licensed counselor or pastoral counseling specialist.

Website: [focusonthefamily.com/get-help/counseling-services-and-referrals/](http://focusonthefamily.com/get-help/counseling-services-and-referrals/)

Consultation Hotline: 855-771-HELP

**Charis Counseling Network - Connecticut**

Charis serves the Greater Hartford area and offers a database of resources for finding a professional counselor, finding support groups, and other related helping resources.

[charisnetworkct.org/find-a-professional-counselor.html](http://charisnetworkct.org/find-a-professional-counselor.html)

**CrossPoint Clinical Services – Western Massachusetts**

*“They promote personal healing through quality psychotherapeutic and wellness services and guide others to do the same with our professional consultation and training. Their services are client-centered, based on sound clinical practice and Biblical principles. They believe that trust, respect, confidentiality, and compassion are essential values to our work with individuals, families, and professional clients.”*

CrossPoint also offers many services to care for Pastors and also train Pastors to care for their church. Check out their website to view their list of clinicians and other pastoral resources.

<https://www.crosspointclinical.org>

**Emerge Counseling Ministries**

*“The Emerge Way of counseling is the integration of Biblical truth with proven psychological insights to help people find rest and live free as Christ intended. The life influences we all face, both good and bad, act upon our minds and are filtered through our personal histories. These mental constructs impact our interpretations of present events and result in challenging life patterns. Therapeutic interventions are aimed at healing the story we tell ourselves about these past experiences and transforming our view into the most redemptive interpretation possible. This results in a person experiencing the “life that is really life” (1 Tim. 6:19).”*

Emerge Counseling offers many services and resources for ministers and ministry families onsite counseling intensives in Ohio or phone consultation. Visit their website for more information or contact our network office for more personalized recommendations. [emerge.org/ministry-leaders/](http://emerge.org/ministry-leaders/)

**Gordon Conwell Theological Seminary Counseling Resource List – Boston Area**

This list is provided as a courtesy of the GCTS Counseling office. Please note that GCTS does not officially endorse any of the individuals/organizations listed.

[drive.google.com/file/d/123merOJLJPYQZyH69vTOjpy8jwdOWc\\_A/view?usp=sharing](https://drive.google.com/file/d/123merOJLJPYQZyH69vTOjpy8jwdOWc_A/view?usp=sharing)

**RI List of Counselors**

This list of counselors was gathered by one of our Pastors in RI. The counselors are Christian and offer faith-based counseling.

<https://drive.google.com/file/d/1TzPnrQYGF615X6NVYuMljx8m-br52UyS/view>

**Non-State Licensed Helping Services**  
**Other support resources for care support:**

**Coaching**

**Rev. Anne Bates**

Massachusetts  
annekbates@msn.com  
[batescollaborative.com](http://batescollaborative.com)

**Rev. Brian Tracy**

Massachusetts  
btracy@evangelassemblies.org

**Dave Peterson**

Connecticut  
dave@newventurecoaching.com.

**Rev. Gina Fatato**

Massachusetts  
gina@snemn.com

**Rev. Randal Smith**

Massachusetts  
clearpointcoach@gmail.com

**Spiritual Direction**

**Rev. Gil Banton**

gilbanton@gmail.com  
804-994-4099  
Columbia, CT  
Certified Spiritual Direction through Leadership Transformation Institute: Selah  
Fee: Sliding scale between \$30-\$80 per session  
Website: Coming Soon

Search for a Spiritual Director in your area:

[https://www.leadershiptransformations.org/selah\\_find\\_spiritual\\_director.htm](https://www.leadershiptransformations.org/selah_find_spiritual_director.htm)

ESDA - Evangelical Spiritual Directors Association:

<https://www.graftedlife.org/spiritual-direction/esda>

**Inner Healing Prayer Ministry**

**Rev. Donna Slocum**

Healing Prayer Ministry  
dlslocum@comcast.net  
(978) 413-7187  
Office: 17 Main St.  
Ashburnham, MA 01430  
[chcofne.com/receivehealingprayer](http://chcofne.com/receivehealingprayer)

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## Other Minister Health Resources

Prepare/Enrich Marriage/Pre-Marital Counseling/Coaching

*"Their mission is to equip marriage champions, couples, and families with evidence-based skills and insights to foster healthy relationships. It is a customized couple assessment completed online that identifies a couple's strength and growth areas. It is one of the most widely used programs for premarital counseling and premarital education. It is also used for marriage counseling, marriage enrichment, and dating couples considering engagement."*

Find a facilitator near you by visiting the website or contact the network office for a more personalized recommendation:

[www.prepare-enrich.com/couples/find-a-facilitator/](http://www.prepare-enrich.com/couples/find-a-facilitator/)

### Barnabas Ministries and John 17:23 Groups

The John 17:23 pastoral support group movement provides opportunity for pastors to connect with other pastors for mutual encouragement and support without competition or the need for unsolicited advice. Our desire is that every pastor everywhere will become part of a John 17:23 group and experience this unity. Groups of 3-5 meet all over Southern New England, along with many online. Groups are available for men, women, or for both men and women.

Learn more about joining a group and more info about starting a group in your area:

<https://john1723.net/events-for-pastors/>

### Video Intro:

<https://www.youtube.com/watch?v=2Fg1alkw-oA&list=PLNk2fIXr0hGKEfqryK7FUJ-jX7ZexkHQ0>

### Pure Desire Ministries

Pure Desire Ministries brings hope and healing, helping the minister cultivate sexual integrity in every area. They provide resources through written content, counseling, support groups, retreats, and more. For more information about Pure Desire, contact:

Rodney Allen at [rodney@puredesire.org](mailto:rodney@puredesire.org); (503) 878-7601

[puredesire.org](http://puredesire.org)

### Focus on the Family – Marriage Intensive

Hope Restored is a counseling marriage retreat focused on helping marriages survive and thrive. It offers sessions with licensed counselors trained specifically to address marriage and family issues.

Website: [hoperestored.focusonthefamily.com/?utm\\_source=focusonthefamily.com&utm\\_medium=referral](http://hoperestored.focusonthefamily.com/?utm_source=focusonthefamily.com&utm_medium=referral)

Consultation Hotline: 866-875-2915

### Retreats and Renewal

Our National AG website offers a list of centers and programs across the US. Visit the link below for a listing.

<https://ag.org/Resources/Resources-For/For-Ministers/Renewals-Retreats-and-Vacations>